



CROSSGATES WINTER HEALTH & WELL-BEING EVENT



THURSDAY, 26TH SEPTEMBER 2023.
TIME: 10 PM TO 2 PM

CROSSGATES SHOPPING CENTRE,
8A STATION RD, CROSS GATES, LEEDS.
LS15 8ET



Your health and wellbeing – What matters to you?

Activities Include:

- Health & Well-being activities and resources
- Entertainment
- Promoting local organisations
- Information on where to go for support

Stalls from:



Supported By



For info, contact: lcht.lcpdevelopment@nhs.net